

NHS Greater Glasgow & Clyde
Mental Health Services
Clozapine Titration Regime

Name:

Ward:

CHI Number:

Consultant:

Day	Date	8am	Administered by	10pm	Administered by
1		12.5mg to be given at (please indicate an appropriate time)			
2		12.5mg		12.5mg	
3		12.5mg		25mg	
4		25mg		25mg	
5		25mg		50mg	
6		25mg		75mg	
7		25mg		75mg	
8		50mg		75mg	
9		50mg		100mg	
10		50mg		100mg	
11		50mg		125mg	
12		75mg		125mg	
13		100mg		125mg	
14		100mg		150mg	
15		100mg		175mg	
16		100mg		Commence regular dosing on prescription sheet	

Date Titration Commenced:

Prescribing Doctor's signature:

Approved by:
Review date: December 2022

Important Information for Nursing Staff

- This titration regime must also be prescribed by medical staff on the mental health prescription sheet as:-
“ As per Clozapine titration regime”
 - Nursing staff must monitor for effect and side effects during titration [monitor blood pressure, pulse, respiration and temperature] – and liaise with medical staff accordingly.
- * Should it be deemed necessary that a slower titration is required, this regime must be discontinued on the prescription sheet. Clozapine should then be prescribed as all other medications are prescribed and prescription dosages altered when required on the prescription sheet. Alternatively the blank titration regime may be used.
- After initial 15-day titration is complete, Clozapine can then be prescribed routinely on the prescription sheet.

Prescribe as suggested by monitoring service recommendations:

	<u>8am</u>	<u>10pm</u>
Days 16 – 20	100mg	200mg
Days 21 – 24	100mg	250mg
Days 25 – 29	100mg	300mg

Or as per. Consultant's prescription

[Maintenance, reductions and increases thereafter as per. Consultants instructions]

- This regime is to be stapled to the reverse side of the current prescription kardex whilst in use then filed in case notes when complete. All nursing staff must be aware of side effects of Clozapine & to be alert for signs and symptoms of infections, refer to GG&C clozapine standards at all times.