

NHS Greater Glasgow & Clyde
Mental Health Services
Blank Clozapine Titration Regime

Name:

Ward:

CHI Number:

Consultant:

Day	Date	8am	<small>Administered by</small>	10pm	<small>Administered by</small>
1		12.5mg to be given at (please indicate an appropriate time)			
2					
3					
4					
5					
6					
7					
8					
9					
10					
11					
12					
13					
14					
15					

Date Titration Commenced:

Prescribing Doctor's signature:

Approved by:
Review date: December 2022

Important Information for Nursing Staff

- **This titration regimen is used to create a personalized schedule to initiate clozapine for relevant patients.**
 - **This titration regime must also be prescribed by medical staff on the mental health prescription sheet as:-
“ As per Clozapine titration regime”**
 - **Nursing staff must monitor for effect and side effects during titration [monitor blood pressure, pulse, respiration and temperature] – and liaise with medical staff accordingly.**
 - **After initial 15-day titration is complete, Clozapine can then be prescribed routinely on the prescription sheet. Doses should be increased at a rate and by increments based on the response to treatment and tolerability.**
 - **This regime is to be stapled to the reverse side of the current prescription kardex whilst in use then filed in case notes when complete.**
- All nursing staff must be aware of side effects of Clozapine & to be alert for signs and symptoms of infections, refer to GG&C clozapine standards at all times.**